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Magick 8

Healing And Banishing

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Psychic or spiritual healing is a human potential we all possess. Some people are especially good at this. It is probably easier to heal someone else by occult means than yourself. In addition to healing in the presence of the person, there is 'absent healing' in which the healing occurs at a distance. Note that there are some who maintain that influence on another person without his specific knowledge and permission (yes, even in healing and helping) is black magick. (After all, everybody is living according to his own true will, so that healing or helping someone without permission is affecting his will). This means it is important to tell the person what you are planning to do and to ask his permission. The theory of psychic healing is that sickness is characterized (although not necessarily caused) by a deficiency and imbalance of vital energy. Psychic healing transfers energy from the healer to the sick to repair and rebalance his energies. If an inept healer overdoes the process, or if he doesn't take the precaution to 'disconnect' himself afterwards, he may find himself becoming sick due to energy drain and a linkage to his subject. Similarly, the healer should always be in a good state of health or he could unintentionally transfer his illness to the subject.

The basic methods of psychic healing are: 1) creative visualization, 2) prayer, 3) ritual. Creative visualization is one of the easiest techniques. Mild illness may yield to only one or two treatments; serious ills will require many treatments over time. Psychic healing should always be combined with medical care and treatment. It does not replace doctors, medicine, or hospitals, since different levels (worlds) are involved. In creative visualization, we visualize the person being well. It may be helpful to utilize the appropriate color from the aura chart (such as bright apple-green, rose pink, or white) sent as a beam to the person or as a cloud surrounding him. This technique can be extended to include a simple kind of yoga in which we feel energy sent as we exhale explosively; the energy sent either via the breath or from one of the chakras such as the solar plexus. Sometimes in absent healing it is helpful to arrange a time for treatment in advance, asking your subject to be in a receptive state of mind and to sit back and close his eyes.

The Banishing Ritual

One of the most basic and useful ceremonial rituals of magick is called the *banishing ritual*, or lesser ritual of the pentagram. A pentagram (or pentacle) is a five-pointed star with the point up. The banishing ritual is helpful in psychic protection and healing since it forms a protective barrier against malevolent forces. The psychic barrier it creates can be made to permit entry of desired (constructive) forces and the exclusion of negative ones. Thus, the banishing ritual is an essential first step in almost any formal full magick ceremony. The ritual requires that you use a magical implement or "weapon", such as a ceremonial knife, wand, or simply point your index finger, to "draw" the pentagram in the air at each of the cardinal points (four directions). Also, you will be chanting ('vibrating') some Hebrew names of God.

Holding your magical weapon and facing east, extend your arm out straight in front of you. In this ritual you will use the full sweep of your arm to draw the pentagram in the air. Follow the description below by beginning at the lower left and sweeping your magical weapon up toward the right, etc. as shown. Do not bend your arm at the wrist or elbow. While you do this, visualize the lines and eventually the star as vibrant white, floating in the space before you. You are projecting energy to do this, and the result will be a gleaming 5-pointed star floating in the east; visualize this as vividly as you can. Now you will energize it further by piercing the center of it with your magical weapon and vibrating (speaking slowly in a slightly lower than normal pitch, remember) "Yod-He-Vau-He".

Description

Approximate points on a round clock face -

1. Begin at 7:30 position.
2. Point to 12 o'clock position.
3. Point to 4:30 position.
4. Point to 10:30 position.
5. Point to 2:30 position.
6. Return to 7:30 position.]

Then turn slowly to the next cardinal point in sequence, and as you do so, with your arm still extended in front of you, visualize a white line connecting around to the cardinal point. Trace a similar pentagram with the appropriate words and following the same procedure:

South - Adonai Tzaboath

West - Eh-Ei-He

North - Agla.

Now complete the white line drawn back to the center of the eastern pentagram. Note that the cardinal points must be followed in a clockwise order, and the pentagram must be drawn in the manner illustrated; to do otherwise would change the function of the ritual. The result of all this should be a large bright white pentagram visualized hanging in mid-air at each of the four directions, all tied together by a bright white line. You could now, for example, visualize the pentagrams moving out to the circumference of your home, thereby protecting all within.

There is also a somewhat simplified version of this ritual in which the pentagram is traced only once overhead and then is energized with one of the four names, such as "Eh-Ei-He". Oftentimes the simplified version is sufficient, but naturally the effect of the full version is more complete.

One of the primary uses of this ritual is to ward off psychic attack - that is, when another is (consciously or unconsciously) attempting to harm you, cause sickness, accidents, bad dreams, emotional upset, or to force you to do something against your will. Fortunately this doesn't happen very often. The world of the magician is fairly safe

for the pure of heart. Psychic attack usually depends upon vulnerabilities. If you are not vulnerable you are safe. Thus unification with the true will is the greatest protection possible. And the use of the banishing ritual is never hurtful. You can even use it to hold off negative aspects of yourself.

Other forms of protection sometimes helpful (depending upon one's model) are recitation of the 'Lord's Prayer', the 23rd, and 91st Psalms.

Review Questions

1. What is a pentagram?
2. What is psychic healing? List the basic methods.
3. What is the banishing ritual? Why is it used?

Book List

- Dion Fortune, Psychic Self-Defense.
- _____, Sane Occultism.
- Adeliade Gardner, Vital Magnetic Healing.
- Max Heindel, The Vital Body.
- Ernest Holms, The Science of Mind.
- Mouni Sadhu, Theurgy.

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